

EUROPEAN SENIOR CHAMPIONSHIPS

| UNTIL 2008 | FROM 2009 | COMMENTS |
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| MALE TEAM KUMITE (age +18) (5+2) | MALE TEAM KUMITE (age +18) (5+2) (SAME) | <ul style="list-style-type: none"> • There is no OPEN category. • The Competition will last for 3 days (Friday, Saturday and Sunday). Team events will be held after the individual events. • Each NF can register one (1) team and one (1) competitor per category. • At the draw, the four medallists of the previous Championships will be separated as much as possible (the competitors in the case of the individual events and the NF's in the case of the team events). • The Championships will be always displayed in 4 (four) competition areas in line. • There will be no breaks. For catering service of referees and officials, specific areas and timetables must be provided. • Kumite bouts duration will be 3 minutes for male individual and 2 minutes for female individual categories, except for finals and individual bouts when a medal is being disputed, whose duration will be 4 minutes for male and 3 minutes for female categories. • Bunkai in Kata team (male & female) to be performed in the final and in the bouts when a medal is being disputed. |
| FEMALE TEAM KUMITE (age +18) (3+1) | FEMALE TEAM KUMITE (age +18) (3+1) (SAME) | |
| MALE TEAM KATA (age +16) (3) | MALE TEAM KATA (age +16) (3) (SAME) | |
| FEMALE TEAM KATA (age +16) (3) | FEMALE TEAM KATA (age +16) (3) (SAME) | |
| MALE INDIVIDUAL KUMITE (age +18) -60, -65, -70, -75, -80, +80 kg, OPEN | MALE INDIVIDUAL KUMITE (age +18) -60, -67, -75, -84, +84 kg. | |
| FEMALE INDIVIDUAL KUMITE (age +18) -53, -60, +60 kg, OPEN | FEMALE INDIVIDUAL KUMITE (age +18) -50, -55, -61, -68, +68 kg. | |
| MALE INDIVIDUAL KATA (age +16) | MALE INDIVIDUAL KATA (age +16) (SAME) | |
| FEMALE INDIVIDUAL KATA (age +16) | FEMALE INDIVIDUAL KATA (age +16) (SAME) | |